

# DenTek Oral Care Products

**Win a DenTek Bundle** >>

## Disposable Dental Guard

Protect your teeth from night-time teeth grinding (Bruxism). Individually packaged and ready to wear.

Sleep better knowing your teeth are protected from bruxism and night-time teeth grinding with a DenTek Disposable Dental Guard.

Reduce damage to teeth and prevent noise associated with teeth grinding.

Simply place the Ready-Fit Dental Guard in your mouth on your upper or lower teeth, whichever is more comfortable for you. The retention band should be placed between your front teeth and your lip while placing the bite tubes on your molars. Close your mouth, gently rest your teeth on the bite tubes, and relax.

Features:

- Retention band holes to allow saliva flow
- Flexible bite tubes - cushion teeth and keep them apart
- Comfortable retention wall keeps guard in place
- Each guard individually packaged to maintain cleanliness



# Instructions for Use

ALWAYS READ THE LEAFLET

For Best Results:

- Multiple dental guards SHOULD NOT be worn at the same time.
- Read and follow the Ready-Fit fitting instructions.
- Dispose of after use.
- If you need assistance, email us at [DenTek@QP-Services.com](mailto:DenTek@QP-Services.com) and one of our trained team members will help you.

It may take time for you to adjust to wearing the dental guard, so begin wearing it one hour before you go to sleep.

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